

Hygiene Regulations of DHBW Heidenheim Locations Marienstraße and Wilhelmstraße

from 03.04.2022

1 Objective of the hygiene guidelines

The guidelines are intended to help reduce infection transmission and interrupt possible infection chains. This is done in particular by reducing personal contacts and/or using digital media for lectures.

2 Basic

All employees, students, lecturers, relatives, guests of the DHBW Heidenheim and external parties must adhere in principle and carefully to the latest hygiene instructions of the health authorities, the Federal Centre for Health Education (BZgA) and the Robert Koch Institute (RKI) as well as the Studierendenwerk for the operation of the cafeteria.

The main transmission pathway of the coronavirus is the droplet infection via the respiratory tract. Indirect transmission of infection via the hands, which then comes into contact with oral, nasal mucosa or the blindfold skin, is also possible. For this reason, the following special hygiene measures must be taken into account.

In exceptional cases, the Rector is solely responsible.

3 Central hygiene measures

The respective statutory regulations of the Federal Government and the Länder apply.

Signs of disease

If there are signs of illness (e.g. fever, dry cough, breathing problems, sore throat), the building must not be entered.

Wearing mouth-nose protection

It is always recommended to wear an FFP2 mask in all rooms and on all traffic and communal areas of the buildings of the DHBW Heidenheim and at all events.

Distance keeping

It should be kept at least 1.5 m distance from other persons wherever possible.

Thorough hand hygiene

Thorough hand hygiene should be carried out in particular (i) after nasal cleaning, coughing or sneezing, (ii) after using public transport, (iii) after contact with stair rails, door handles, handholds, etc., (iv) before and after eating, (v) before putting on and removing a mouth and nose cover, (vi) after the toilet passage.

- Washing hands: Wash hands regularly and at least 20-30 seconds with soap and then dry completely with paper towels.
- Hand disinfection: If hand washing is not possible or as a supplement, the disinfectant provided shall be used. This must be placed in the dry hand and massaged until complete drying.

Hand disinfection is not a substitute for hand washing after the toilet.

Cough and sneezing labels:

When coughing or sneezing, keep the greatest possible distance from other persons and cough or sneeze in the bow of arms.

Contact:

Touching foreign people (huggings, shaking hands, etc.) and one's own face with their hands must be avoided.

4 Room hygiene

Table spacing

The tables in the lecture rooms are adapted to the room size/course strength; a minimum distance of 1.5 m cannot be achieved.

Ventilation

It should be ventilated regularly and correctly by the users of the room (if technically possible) in order to exchange the interior air. Shock ventilation is usually recommended after 30 minutes.

Indoor rooms should not be occupied all day, as air exchange is regulated by the building technology, but no additional ventilation is provided by windows. Air purification devices are available for indoor rooms, which can be switched on/off by the respective user. The placement of the air purifiers was chosen in such a way that optimum throughput is achieved. If the equipment is moved, they are to be returned to the original place after the event.

Disinfection

In addition to the usual cleanings, door jacks and handrails are increasingly disinfected by the cleaning forces in Marienstraße.

Users are asked to take care of the disinfection of their table themselves if necessary. Appropriate material (spray bottles with surface disinfectant, paper towels, dispenser with disposable cloths soaked in surface disinfectants) is provided in the room.

Where possible, electrical appliances should not be treated with spray disinfectants; for this purpose, towels are available in the towel dispensers or disinfectants soaked in disinfectants.

5 Hygiene in certain building areas

Hygiene in sanitary areas

- Sufficient liquid soap and paper towels are available in the sanitary rooms.
- Instructions for proper hand washing have been added.
- The sanitary facilities are cleaned daily on Mon-Fri.

Cafeteria

The hygiene concept and the rules for cafeterias must be complied with (<https://studierendenwerk-ulm.de/c-essen/bedingungen/>).

Library

Current dates and information on library use and offer can be found on the homepage of DHBW Heidenheim. In addition, there is the possibility to return books in the outdoor area Marienstraße and Wilhelmstraße via the book return boxes.

6 Entrance to the building

The house rules are displayed in the buildings and must be observed.

Access to the buildings is in accordance with the current corona guidelines of the Federal State of Baden-Württemberg.

7 Specific rules for employees

Office space

- The office space should be ventilated at regular intervals by the employees.
- At double workstations, the width of the work tables ensures a minimum distance of 1.5 m. The employees concerned are free to agree on the mask obligation.
- At the request of the employees, additional spitting protection is provided between the workplaces in the case of multiple/double jobs.

Tea kitchens:

- Paper towels should be available for drying hands.
- The surfaces of the furniture must be cleaned regularly.

Support measures:

- Employees are provided with FFP2 masks.
- Self-testing is provided to employees.

8 Non-compliance

Violations of the house rules or the hygiene directive can be sanctioned, e.g. by house banning or exclusion from the lectures. In addition, administrative offences and, in particular, infringements of criminal law (e.g. forged evidence) are reported to the competent authorities.

The instructions of the staff shall be complied with.

9 Entry and expiry

The hygiene directive enters into force with immediate effect instead of the predecessor regulation and the addition to the house rules and applies until further notice.

Heidenheim, 01.04.2022



Rector Prof. Dr.-Ing. Dr. Rainer Przywara